

Gymnastics Camp Ages 4 - 13

KID FIT Gymnastics camp will offer instructional gymnastics in a fun and safe environment. Students will experience all the Olympic apparatus as well as recreational gymnastics activities. Each day campers will have recreational swim time supervised by the gymnastics staff and the pool lifeguards. The camp is offered to boys and girls of all levels.

Camp for Ages 4-5: 9:00 am-Noon
June 25th-29th
July 30th-August 3rd
August 13th-17th

Camp for Ages 6-13: 9:00 am-2:00 pm
June 11th-15th
August 6th-10th
August 20th-24th

Before & After Care Available

Contact Angie Craft at 302-239-6688 x 124 or acraft@hachealthclub.com for more information.



Super Hero Martial Arts Camp Ages 5-12

Camp for Ages 5-7: 9:00 am-2:00 pm
June 11th-15th

Camp for Ages 8-12: 9:00 am-2:00 pm
July 30th-August 3rd

Before & After Care Available

Superhero Camp is a great week for kids with a big imagination and lots of energy. Our campers will spend the week doing daily crafts, making their super hero costumes, picking a super hero name and working on a fun martial arts routine to show parents on Friday! Send your boy or girl to this exciting camp and let them find their inner super hero. No uniform is required.

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