



# YOUTH SPORTS

AT HOCKESSIN ATHLETIC CLUB

302-239-6688  
[www.hachealthclub.com](http://www.hachealthclub.com)





Thank you for your interest in the HAC Youth Sports Programs! Please take the time to fill out the following information neatly and accurately. When complete, return the forms with payment during the registration period to the front desk. Registration Days are listed below:



**REGISTRATION PERIOD**  
**Monday, February 6th – Friday, February 17th**

**NOTES:**

- Spring sports are for ages 3 to 15
- Space is limited
- \$10 late fee for signups after **February 17th** (if space permits)
- We are now accepting **Non Member Registration for OUTDOOR sports only.**
- Spring Session II Registration will start on April 9th for all Spring Session II sports starting in May.
- Policies and Procedures can be found on our website: [www.hachealthclub.com/pages/kids/youthsport](http://www.hachealthclub.com/pages/kids/youthsport)

**SPRING 2012 SESSION I SPORTS OFFERED**

<b>Dodgeball</b>	<b>Ultimate Frisbee</b>	<b>Soccer</b>
<b>Inline Skating</b>	<b>Intro to Field Hockey</b>	<b>Basketball</b>
<b>Volleyball</b>	<b>Intro to Lacrosse</b>	<b>T-Ball</b>
<b>Kickball</b>	<b>Lacrosse</b>	<b>Flag Football</b>

**Thank You!**

**Dave Mulvena**

Youth/Adult Sports Manager

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**HAC**  
**youth sports**





# HAC YOUTH SPORTS TROPHY PROGRAM

What does almost every child look forward to at the end of a sports program? If you are thinking a trophy – from my experiences you are correct. I am constantly getting asked by children “Coach Dave am I going to get a trophy at the end of the season?” Here at the Hockessin Athletic Club we try to take the pressure off of winning and promote building self confidence for all, which is why in the past (except for the March Madness Shootout and a basketball tournament) we have always been against awarding trophies and medals to winning teams. We also don’t believe that everyone should get a trophy just for showing up. That could lead to disappointment later on when they realize you don’t always get a trophy just for playing.

I have come up with an idea that will solve both of those issues. The Youth Sports Trophy Program (YSTP). The YSTP will be a program that will recognize our young athletes for participating in sports throughout the year. It will encourage children to stay enrolled in sports and stay active in the youth sports program here at the Hockessin Athletic Club. All participants who meet the qualifications will be rewarded with a trophy at the end of the year. Please see all of the rules and qualifications below.

## **Youth Sports Trophy Program Rules and Qualifications**

1. The season will run from January (registration in November for Winter Sports) – November (registration in July/August for fall Sports).
2. You must participate in at least 3 sports during the year to qualify.
3. You must participate (show up and play) in at least 75% of the games/practices or the sport will not count for the trophy program. (exe. If it is a baseball clinic which only has 4 classes you can only miss 1 class. If it is the flag football league which has 9 classes you can only miss 2 classes.)
4. This only applies to 1 child. You cannot combine sports between children to qualify.
5. We will have a sports banquet at a date TBD in November or early December to award trophies to everyone who qualifies.

## **Awards for the Youth Sports Trophy Program**

1. Register and play in at least 3 sports during the season (see #1 in Rules and Qualifications for season dates) and receive a small trophy.
2. Register and play in at least 5 sports during the season and receive a medium trophy.
3. Register and play in at least 7 sports during the season and receive a large trophy as well as getting your name engraved on a plaque that will hang outside the gymnasium.
4. Register and play in at least 8 or more sports during the season and receive an extra large trophy with your name engraved on the trophy and your name engraved on a plaque that will hang outside the gymnasium.

# WEEKDAY YOUTH SPORTS

## DODGEBALL LEAGUE

**Ages 6 to 15**

FINALLY, SOMETHING FOR YOUR CHILD TO LOOK FORWARD TO ON MONDAYS!! Dodgeball is an exciting, team sport that is enjoyable for all ages. It combines coordination, flexibility, agility and endurance all into one game to help your child exercise and have a great time! In the dodgeball league, highly qualified "dodgeballers" will assist in teaching your child throwing and dodging techniques that can be applied to their game.

**Season:** 3/5/12 – 4/9/12 (6 classes)  
**Days:** Monday evening  
**Fees:** Member.....\$45  
**Age Groups:** Division 1 (6-8 years old) Coed  
Division 2 (9-12 years old) Coed  
Division 3 (13-15 years old) Coed  
**Uniform:** HAC youth sports jersey, athletic shoes  
**Equipment:** All provided  
**Location:** HAC Gym

## WEEKDAY MINI SPORTS

**Ages 3 to 5**

Our mini sports program is a great introduction to sports for your child. Each class will run for about 30 minutes.

**Season:** Soccer – 3/5/12 – 3/26/12  
Basketball – 3/6/12 – 3/27/12  
**Days:** Monday – Mini Soccer (12:30pm)  
Tuesday – Mini Basketball (12:30pm)  
**Fees:** Member - \$40 for one or \$70 for both  
**Uniforms:** N/A  
**Equipment:** All provided  
**Location:** HAC Gym

## INLINE SKATING CLINIC

**Ages 3 and Up**

It is a great program to help your child get ready for roller hockey or just to introduce them to a great fun way of exercising. In our beginner skating clinic, the instructors will help your child learn balance and confidence on their roller blades and progress at their own rate. In our intermediate skating they will also learn to crossover, hockey stop, skate backwards and power skate.

**Season:** Session I 3/7/12 – 3/28/12 (4 classes)  
Session II 4/4/12 – 4/25/12 (4 classes)  
**Days:** Wednesday Evenings  
**Fees:** Member - \$50 per session or \$80 for both  
**Age Groups:** Beginner  
Intermediate  
**Uniforms:** None  
**Equipment:** Inline rollerblades, helmet, knee pads, elbow pads  
**Location:** HAC Gym

# WEEKDAY YOUTH SPORTS

## KICKBALL LEAGUE

**Ages 6 to 12**

Get that foot ready! The HAC Kickball league will be a blast. The kickball league is a game any child can participate in and have a ton of fun. This new co-ed kickball league features six games of non-stop action.

<b>Season:</b>	3/8/12 – 4/12/12 (6 sessions)
<b>Days:</b>	Thursday evening 5:15 PM
<b>Fees:</b>	Member - \$30 Non member - \$40
<b>Age Groups:</b>	Division 1 (6-8 years old) Division 2 (9-12 years old)
<b>Uniforms:</b>	HAC Youth Sports jersey, Athletic shoes
<b>Equipment:</b>	All provided
<b>Location:</b>	HAC Bowl

## ULTIMATE FRISBEE

**Ages 10 to 15**

Ultimate (also called Ultimate Frisbee) is a team sport played with a frisbee. The object of the game is to score points by passing the frisbee to a player in the opposing end zone, similar to an endzone in football. Players may not run while holding the disc. Instructors will teach your child how to play Ultimate the first week. The following weeks will consist of games.

<b>Season:</b>	3/8/12 – 4/12/12 (6 sessions))
<b>Days:</b>	Thursday at 6:15 pm
<b>Fees:</b>	Member - \$30 Non member - \$40
<b>Age Groups:</b>	Division 1 (9-11 years old) Division 2 (12-15 years old)
<b>Uniforms:</b>	HAC Youth Sports jersey, Athletic shoes
<b>Equipment:</b>	All provided
<b>Location:</b>	HAC Bowl

## DID YOU KNOW?

**Hockessin Athletic Club also offers adult sports leagues! Visit [www.hachealthclub.com](http://www.hachealthclub.com) for more information!**



# SATURDAY YOUTH SPORTS

## INTRO TO FIELD HOCKEY

**Ages 6 to 13**

The Intro to Field Hockey program is a basic skills class to introduce your child to Field Hockey. All necessary equipment will be provided by the Hockessin Athletic Club.

<b>Season:</b>	3/3/12 – 4/28/12 (8 classes)
<b>Days:</b>	Saturday
<b>Fees:</b>	Member - \$70 Non member - \$80
<b>Uniforms:</b>	HAC Youth Sports jersey, athletic shoes (cleats optional)
<b>Equipment:</b>	All equipment provided
<b>Location:</b>	HAC Bowl

## INTRO TO LACROSSE

**Ages 6 to 13**

The Intro to Lacrosse program is a basic skills class to introduce your child to lacrosse. All necessary equipment will be provided by the Hockessin Athletic Club.

<b>Season:</b>	3/3/12 – 4/28/12 (8 classes)
<b>Days:</b>	Saturday
<b>Fees:</b>	Member - \$70 Non member - \$80
<b>Uniforms:</b>	HAC Youth Sports Jersey, athletic shoes (cleats are optional)
<b>Equipment:</b>	All equipment provided
<b>Location:</b>	HAC Bowl

## LACROSSE

**Ages 9 to 13**

Lacrosse has become one of the most popular sports. In our program, we will concentrate on the fundamentals and team play. Our instructors will teach some of the basics of cradling, scooping, passing, and shooting and progress to games.

<b>Season:</b>	3/3/12 - 4/28/12 (8 classes)
<b>Days:</b>	Saturday morning/afternoon
<b>Fees:</b>	Member.....\$75 Non Member.....\$92
<b>Age Groups:</b>	(9-13 years old) Boys (9-13 years old) Girls
<b>Uniforms:</b>	HAC Youth Sports jersey and cleats
<b>Equipment:</b>	Lacrosse Stick and other safety equipment (please ask for equipment list)
<b>Location:</b>	HAC Bowl

# SATURDAY YOUTH SPORTS

## MINI SOCCER

**Ages 3 to 4**

Our Mini Soccer program focuses mainly on introducing basic fundamentals and skills to prepare them for the indoor soccer league. Our indoor soccer arena is an exceptional playing area for indoor soccer.

<b>Season:</b>	3/3/12 – 4/14/12 (6 classes)
<b>Days:</b>	Saturday
<b>Fees:</b>	Member - \$50
<b>Age Groups:</b>	Division I (3-4 years old, coed)
<b>Equipment:</b>	No equipment required
<b>Location:</b>	HAC Gym

## SOCCER LEAGUE

**Ages 3 to 8**

Our Indoor Soccer program will teach your child the basic fundamentals of kicking, shooting, passing, team play and much more. Our indoor soccer arena is an exceptional playing area for indoor soccer. The first 4 weeks of the season will be used for practices and the following 7 weeks will be games.

<b>Season:</b>	3/3/12 – 4/28/12 (8 classes)
<b>Day &amp; Time:</b>	Saturday
<b>Fees:</b>	Member - \$75
<b>Age Groups:</b>	Division 1 (4-5 years old) Coed Division 2 (6-8 years old) Coed
<b>Uniforms:</b>	HAC youth sports jersey, athletic shoes
<b>Equipment:</b>	Shin Guards
<b>Location:</b>	HAC Gym



# SUNDAY YOUTH SPORTS

## MINI BASKETBALL

**Ages 3 to 4**

Our Mini Basketball program focuses primarily on introducing the basic fundamentals and skills to prepare them for the basketball league.

<b>Season:</b>	3/4/12 – 4/15/12 (6 classes)
<b>Days:</b>	Sunday
<b>Fees:</b>	Member – \$50
<b>Age Groups:</b>	Division 1 (3-4 years old) Coed
<b>Uniforms:</b>	HAC Youth Sports jersey, Athletic shoes
<b>Equipment:</b>	All provided
<b>Location:</b>	HAC Gym

## BASKETBALL LEAGUE

**Ages 4 to 9**

The Basketball league will consist of children ages 4 through 13. The children will be taught the fundamentals, basic skills and some advanced skills. The first 4 weeks of the season will be used for practices and the following 7 weeks will be games.

<b>Season:</b>	3/4/12 – 4/29/12 (8 classes)
<b>Days:</b>	Sunday
<b>Fees:</b>	Member - \$75
<b>Age Groups:</b>	Division 1 (4-5 years old) Coed Division 2 (6-7 years old) Coed Division 3 (8&9 years old) Boys Division 3 (8&9 years old) Girls Division 4 (10-13 years olds) Boys Division 4 (10-13 years olds) Girls
<b>Uniforms:</b>	HAC Youth Sports jersey, athletic shoes
<b>Equipment:</b>	All provided
<b>Location:</b>	HAC Gym



# SUNDAY YOUTH SPORTS

## FLAG FOOTBALL

**Ages 6 to 13**

Our Flag football program is a great way for your child to be introduced to football. They will learn the fundamentals of catching and throwing a football, flag pulling, playing defense and much more. Flag football is a sport that your child can have fun playing without the contact of tackle football.

<b>Season:</b>	3/4/12 – 4/29/12 (8 classes)
<b>Days:</b>	Sunday afternoons
<b>Fees:</b>	Member - \$75 Non member - \$80
<b>Age Groups:</b>	Division 1 (6-7 years old) Coed Division 2 (8-10 years old) Coed Division 3 (11-13 years old) Coed
<b>Uniforms:</b>	HAC Youth Sports jersey, cleats (optional)
<b>Equipment:</b>	All provided
<b>Location:</b>	HAC Bowl

## T-BALL LEAGUE

**Ages 3 to 7**

The T-ball league will help young baseball players learn the proper techniques of throwing, catching, hitting, fielding and base running. Division 1 will hit off the Tee. Division 1 will start hitting off the Tee and progress to hitting live pitches!

<b>Season:</b>	3/4/12 - 4/29/12 (8 classes)
<b>Days:</b>	Sunday
<b>Fees:</b>	Member - \$75 Non member - \$85
<b>Age Groups:</b>	Division 1 (3-4 years old) Division 2 (5-7 years old)
<b>Uniforms:</b>	Team shirts and hats will be provided
<b>Equipment:</b>	Baseball glove
<b>Location:</b>	HAC Bowl

## VOLLEYBALL

**Ages 8 to 15**

Volleyball is an enjoyable sport that incorporates quickness, leg strength and coordination. Our instructors will teach the basics of serving, setting and passing/bumping and much more.

<b>Season:</b>	3/4/12 – 4/29/12 (8 classes)
<b>Days:</b>	Sunday evenings
<b>Fees:</b>	Member - \$70
<b>Age Groups:</b>	Division 1 (8-9 years old) Coed Division 2 (10-15 years old) Coed
<b>Uniforms:</b>	HAC Youth Sports jersey, athletic shoes
<b>Equipment:</b>	Knee pads
<b>Location:</b>	HAC Gym



# Hockessin Athletic Club Non-Member Entry Form

FEEES FOR PROGRAMS AND CLASSES ARE NON-REFUNDABLE

Today's Date: \_\_\_\_\_

		Circle One	Entered
Adult 1: _____	DOB: _____	Male/Female	<input type="checkbox"/>
Adult 2: _____	DOB: _____	Male/Female	<input type="checkbox"/>
Child 1: _____	DOB: _____	Male/Female	<input type="checkbox"/>
Child 2: _____	DOB: _____	Male/Female	<input type="checkbox"/>
Child 3: _____	DOB: _____	Male/Female	<input type="checkbox"/>
Child 4: _____	DOB: _____	Male/Female	<input type="checkbox"/>

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work/Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

I do hereby allow myself, my spouse and my child or ward to participate in any program function sanctioned by the Hockessin Athletic Club. I release the Hockessin Athletic Club and its staff from all claims of any injuries sustained by the above individuals while participating in any Hockessin Athletic Club sponsored activity. If medical attention is required for myself, my child or ward, I give permission for such medical care to be administered.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Admin Office Use Only

Data Entry Verified



## PARENT RELEASE PHOTO PERMISSION FORM

I, the undersigned, do hereby grant or deny permission to Hockessin Athletic Club to use the image of my child, \_\_\_\_\_, as marked by my selection(s) below. Such use includes the display, distribution, publication, transmission, or otherwise use of photographs, images, and/or video taken of my child for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images such as those on the HAC Web site.

- Deny permission to use my child's image at all.
- Grant permission to use my child's image in the following ways:
  - Limited usage: I want my child's image used within the HAC setting only (not in the larger community).
  - Limited usage: I want my child's image used on printed materials and video use. (i.e. for explanation /marketing of the programs and activities at the club.)
  - Unrestricted usage: I give unrestricted permission for my child's image to be used in print, video, and digital media. I agree that these images may be used by HAC for a variety of purposes and that these images may be used without further notifying me. I do understand that the child's last name will not be used in conjunction with any video or digital images.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## CHILD PARTICIPATION AND LIABILITY WAIVER

Parent/Guardian Permissions/Release:

I do hereby allow my child to participate in any program function sanctioned by the Hockessin Athletic Club. I release the Hockessin Athletic Club and its staff from all claims of all injuries sustained by the above child while participating in any Hockessin Athletic Club sponsored activity. If medical attention is required for my child, I give permission for such medical care to be administered.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# HAC YOUTH SPORTS CHILD REGISTRATION FORM

**Please print and fill out completely.**

Youth Sport or Activity: \_\_\_\_\_  
Identify class and age group.

Child's Name: \_\_\_\_\_ Club Status:  Member  Non-Member  
Must fill out page 6 of packet

Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: M F

HAC Blue & White Reversible Jersey Size (\$20 Additional Fee): (Youth) S M L (Adult) S M L

Mother/Guardian's Name: \_\_\_\_\_ Father/Guardian's Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Payment

**\*\*\$10 Late Fee After 2/18\*\***

Card on File  Club Bucks  Check  Cash  Credit Card

Card Type:  Visa  Mastercard  Discover  American Express

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
I authorize the above charges and agree to pay the total amount according to card issuer agreement.

Sport: \_\_\_\_\_

Jersey: \_\_\_\_\_

Total: \_\_\_\_\_

## Refund Policy

*Our sports programs only issue refunds if Hockessin Athletic Club decides to cancel a session or if a child is unable to participate due to medical reasons. Refunds or credits will not be issued under any other circumstances.*

### For Office Use Only

\_\_\_\_ Xpiron    \_\_\_\_ POS    \_\_\_\_ Excel

